

Backpacking/Thru Hike Trip Planning Checklist

- Get Idea for Trip (guidebooks, Instagram, blogs, recommendations from other hikers)
- Research resources for time of year for hiking, history of weather, permits, gear, resupply, GPS of route, tips, mileage, days to complete, transportation, places to stay, route condition, and difficulty (use online blogs, guidebooks).
- Start a Trip Itinerary document in Google Drive. **Add information and links to this document as trip planning progresses**
- Acquire and/or create navigational tools (maps, GPX tracks, data books, apps)
- Decide on trip dates, length of trip and trailhead start and finish
- Coordinate hiking partners
- Coordinate transportation and/or shuttles
- Obtain permits
- Make lodging reservation
- Acquire and/or create navigational tools (maps, GPS tracks, data books, apps)
- Gear list (clothing and hardgoods)
- Acquire any gear items needed
- Resupply plan
- Calculate food plan
- Purchase shelf-stable food and/or prepare your own
- Organize all food and load resupply boxes
- Download maps and track on phone for offline use
- Update Garmin Software and the message/contacts to people that are receiving daily check-in message
- Print permits and Itinerary
- Share your itinerary with emergency contacts or point people
- Top off charge for all electronics
- Pack backpack